



Nutritional Information

The nutritional information is intended to be a guide to assist our customers in product selection. Nutritional information may vary between different suppliers. The nutritional information below is based on independent laboratory analysis and from data from our suppliers.

The data from our suppliers is based on mean values from the Genesis R&DÆ computerized database (ESHA Research, 2002). Compiled June 2002.

**Percent Daily Values are based on a 2,000-calorie diet. Your daily values may be higher or lower depending on your calorie needs.

PIZZAS

	Papa's Deluxe	Papa's All Meat Special	Papa's Cheese Pizza
Serving Size	1/8 Pizza (125g)	1/8 Pizza (93g)	1/8 Pizza (75g)
Servings Per Container	8	8	8
Calories	240	230	170
Calories from Fat	80	80	45
Total Fat	9g	9g	5g
Fat % Daily Value	14%	14%	8%
Saturated Fat	3g	3.5g	2g
Sat Fat % Daily Value	15%	18%	10%
Cholesterol	15mg	20mg	10mg
Chol % Daily Value	5%	7%	3%
Sodium	700mg	650mg	380mg
Sod % Daily Value	29%	27%	16%
Total Carbohydrate	28g	27g	26g
Carb % Daily Value	9%	9%	9%
Dietary Fiber	2g	2g	1g
Fiber % Daily Value	3%	6%	5%
Sugar	3g	2g	2g
Protein	9g	10g	5g
Vitamin A	8%	8%	6%

Vitamin C	15%	2%	2%
Calcium	10%	10%	10%
Iron	10%	10%	10%

	Papa's Special	Papa's Lite Pizza	Papa's Peperoni Pizza
Serving Size	1/8 Pizza (105g)	1/8 Pizza (119g)	1/8 Pizza (81g)
Servings Per Container	8	8	8
Calories	200	200	200
Calories from Fat	60	60	70
Total Fat	7g	6g	8g
Fat % Daily Value	10%	10%	12%
Saturated Fat	2.5g	2g	3g
Sat Fat % Daily Value	13%	10%	15%
Cholesterol	15mg	10mg	15mg
Chol % Daily Value	4%	3%	5%
Sodium	500mg	490mg	500mg
Sod % Daily Value	21%	21%	21%
Total Carbohydrate	26g	26g	26g
Carb % Daily Value	9%	9%	9%
Dietary Fiber	2g	2g	1g
Fiber % Daily Value	7%	8%	5%
Sugar	3g	3g	2g
Protein	8g	7g	7g
Vitamin A	8%	8%	6%
Vitamin C	15%	20%	2%
Calcium	10%	10%	10%
Iron	10%	10%	10%

* Pizza's were prepared with regular crust

SUBS

	Club Sub	Chicken Fajita Sub	Philly Steak & Cheese Sub
Serving Size	1/2 Sub (280g)	1/2 Sub (258g)	1/2 Sub (258g)
Servings Per Container	2	2	2
Calories	550	440	480
Calories from Fat	220	130	130
Total Fat	24g	14g	14g
Fat % Daily Value	37%	22%	22%
Saturated Fat	11g	6g	6g
Sat Fat % Daily Value	56%	23%	31%
Cholesterol	80mg	75mg	70mg
Chol % Daily Value	26%	25%	23%
Sodium	1710mg	1810mg	1570mg
Sod % Daily Value	71%	75%	65%
Total Carbohydrate	51g	52g	54g
Carb % Daily Value	17%	17%	18%
Dietary Fiber	<1g	1g	1g
Fiber % Daily Value	4%	4%	4%
Sugar	6g	7g	7g
Protein	42g	30g	36g
Vitamin A	15%	8%	8%
Vitamin C	15%	40%	45%
Calcium	35%	25%	20%
Iron	20%	20%	25%

* Sandwiches were prepared on a 6" white sub roll and exclude dressings

WINGS

	Hot & Spicy Glazed Wings	Bar-B-Que Chicken Wings
Serving Size	4 Pieces (24g)	2 Pieces (25g)
Servings Per Container	3	10
Calories	200	140
Calories from Fat	190	50
Total Fat	14g	3g
Fat % Daily Value	22%	20%
Saturated Fat	9.5g	2g
Sat Fat % Daily Value	23%	20%
Cholesterol	970mg	220mg
Chol % Daily Value	28%	21%
Sodium	970mg	220mg
Sod % Daily Value	42%	42%
Total Carbohydrate	4g	4g
Carb % Daily Value	0%	0%
Dietary Fiber	1g	1g
Fiber % Daily Value	4%	4%
Sugar	1g	1g
Protein	12g	14g
Vitamin A	10%	2%
Vitamin C	0%	0%
Calcium	2%	2%
Iron	4%	4%

• Pizza • Subs • Salads • Wings • Breadstix • Piggystix • Chicken Tenders
• Spaghetti • Lasagna • Calzones • Wraps • Quesadillas • Desserts
• All-You-Can-Eat Buffet

